# **Contact Point**

## What type of support is this:

Contact Point serves Hull and is an Single Point of Access service

What Children & Young People (CYP) can access through Contact Point:

Contact Point, offers a telephone or face to face triage, to establish the best support that can be offered to a young person and or their family.

Contact Point is a screening service to determine the best possible support for the young person and their family.

Age open to: CYP up to 18 years old

How to access:

Anyone can make a referral, professionals are required to complete the online referral form. <a href="https://www.smartsurvey.co.uk/s/HullContactPoint">www.smartsurvey.co.uk/s/HullContactPoint</a>

Parent/Carers can make a referral by calling 01482 303688 Mon – Fri 9am – 5pm

#### Other service information-

It is important to note that a referral to Contact Point is not a referral into CAMHS





# CYP Mental Health Service (CAMHS)

What type of support is this: Specialist Mental Health and Emotional support What CYP can access through CAMHS:

Provide assessment and intervention and support CYP and their families/carers. Some of the problems supported includes: Anxiety, Depression, Eating disorders, Psychosis, PTSD, Self-harm, ADHD, ASD and other complex psychological difficulties. CAMHS deliver support through a range of specialist therapeutic and pharmacological interventions.

Age open to: CYP up to 18 years old

How to access: Professionals to complete the online referral form and Young People, Parent/Carers to call contact point

For more info on a referral please contact –

**Contact Point Telephone 01482 303688 or online** 

https://www.smartsurvey.co.uk/s/HullContactPoint/

Other service information-

- High risk or emergency cases have continued to be seen face to face
- All CYP within CAMHS have continued to receive support digitally via video or telephone, or seen if requested.
- Service is still taking new referrals into CAMHS service





# CAMHS Crisis Team

What type of support is this: Rapid Response teams provides crisis support to children and young people under 18

## What CYP can access through Crisis Team:

CAMHS Crisis Team covers Hull and the East Riding and operates 24 hours a day, 7 days a week. This service is for young people (under 18) who are in crisis experiencing emotional distress and are struggling to cope.

Age open to: CYP up to 18 years old

How to access:

Monday to Friday 9 – 5pm call Contact Point on 01482 303688 out side of these hours contact Telephone 01482 301701 option 2

### Other service information-

- Extended access now available 24/7
- People can contact Crisis team 7 days per week.



