



GCSE PE

Course: AQA GCSE PHYSICAL EDUCATION



How is the course assessed in 2021?

Paper 1 – The Human Body and Movement in Physical Education and Sport (30%)

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

Assessed via a 1 hour 15 minute exam.

Paper 2 – Socio-cultural influences and well-being in physical activity and sport (30%)

- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data

Non-exam assessment (NEA) - Practical performance in Sport (40%)

- Practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity).
- Analysis and evaluation of performance to bring about improvement in one activity.

What resources are available to me?

Revision guides will be issued to students within the first term of the course. Revision sessions take place every week both lunchtime and after school. Staff will support you in practical by guiding you in core PE, encouraging attendance to extra-curricular and coming to observe you in sports outside of school.

What is expected of me?

You must work hard in lessons, complete homework and classwork to the best of your ability. You are also expected to attend revision and progress support sessions with enthusiasm and commitment.

We also expect you to be taking part in at least one sport outside of school to support your attainment and progress on the course.